May 2022

2021-22 Officers: President:

Janet Magedanz

President Elect:

Heather Emberson

Treasurers:

Harriet Plumley
Hanne Niederhausen

Secretaries:

Nancy Mandel Becca Smith

Members at Large:

Karen Hopson Anne Schroeder Gayle Parrish

2021-22 Chairs:

Programs:

Ruby Moon

Membership:

Heather Emberson

Digital Comm:

TBD

Raffles:

Harriet Plumley

Trumpetvine:

lanet Magedanz

Newsletter:

Val Hall

Tours:

Melissa Cowan

Fund Raisers:

Kathleen Rochester

Flower Therapy:

Donna Westwood

Grants:

Svetlana Dascaliuc

Nominations:

Kathleen Rochester

President's Message:

Greetings fellow gardeners. What a pleasure to finally have some spring weather for more than one day at a time! It's supposed to rain today (Saturday) so that will keep me in the house – wishing I was outside in the garden. I've decided this is the year of the WEED! Because of all the rain and relatively warm weather, I have weeds like I've never had before. I think I've about got them "licked" and a couple of days later, they're back.

The busy board of this organization has been planning for get-togethers during the summer months. Firm dates have not yet been determined so stay tuned for Trumpetvine emails but we will try to have one get-together each month and these don't include the garden tours put together so ably by Melissa Cowan and her committee.

Nancy Mandel agreed to host a tomato tasting event later in the season. I will host an ice cream social in my backyard under the big Acer macrophylla where we met last August (maple tree that drops thousands of huge leaves in the fall) and Heather Emberson is planning a potluck in one of the Corvallis or Benton County parks. I'm sure you're all interested in attending at least one of these events and we hope you'll attend all three. However, we can't host without help and that's where you come in. We'll need help and we don't want to beg so it's time to step up! Whether you're a long-time member or just recently signed up, please send me an email – jkmagedanz@gmail.com – and indicate your willingness to help. If one of the options sounds particularly appealing, please indicate in your email. If y'all don't step up, the events won't happen.

One more issue: Several weeks ago, I sent out a Trumpetvine email asking for an indication of willingness to purchase bulbs this fall. There are 143 emails on the Trumpetvine list and the response was a meager 5 or 6. Because of that, we think it's necessary to revisit the issue of raising funds for the club so we can continue providing grants to other nonprofit organizations. I would like to have at least five people email me to indicate a willingness to be on a committee that will analyze what we've done in the past and make recommendations for the future. Every one of you have to purchase things – seeds, bulbs, plants, tools, hoses, etc., etc., so you're eligible to be on this committee. My email is listed in the above paragraph so, let me hear from you.

Of special importance in June is the Quilts in the Garden event that is scheduled for June 18th. This year the event is co-hosted by the Evening Garden Club and the Marys River Quilt Guild. There will be five open gardens all of which you can walk to after parking along the street. The tickets are for sale at many locations. We agreed to partner with the quilt guild because our organization will share in the profits so, please plan on attending and ask friends to come along with you.

A garden tour is scheduled for Monday, June 6th, in Lebanon beginning at 3 PM. If you would like to attend, but not drive all the way to Lebanon, let me know and you can carpool with me. The McMinnville garden tour is Sunday, June 12, and I'm considering driving to it. Once again, if you're interested in going and don't want to drive that far, let me know and you can carpool with me if I decide to go.

Happy gardening, Janet

"A garden requires patient labor and attention. Plants do not grow merely to satisfy ambitions or to fulfill good intentions. They thrive because someone expended effort on them." Liberty Hyde Bailey



June Opportunities

Lebanon Garden Club Flower Show

Friday, June 3, 1:00—4:30 Saturday, June 4, noon—4:30 Santiam Place 139 Main Street, Lebanon FREE

More Garden Tours

June 6—Val Hall June 12—McMinnville gardens and fair June 29—Sheila Goodwin and neighbors

Look for details on Trumpetvine.

Botanical Interests Seed Company

Order anything from their catalog and EGC will receive 35% profit on every purchase. Order as often as you wish.

Website: www.botanicalinterests.com
Checkout promo code: CorvallisEGC
Lasts until August 1



Japanese Garden Tour

June 6

Join us for a guided tour of the Japanese garden at the Lebanon Boulder Falls Inn. The one-acre garden contains a pond, waterfall, gazebo, bridges, and paths, and was created by <u>Kurisu International</u>, which has created many other gardens in Oregon, the U.S., and around the world. Before the tour, there will be a slide show and presentation about the garden and its design.

Presentation: 3:00

MBVA Building

550 S. Main Št., Lebanon

Walking tour: 4:00

Boulder Falls Inn

505 S. Mullins Dr., Lebanon

Quilts in the Garden

June 18 (or June 25)

Support our latest fundraiser and enjoy some amazing quilts in a beautiful garden setting. This wonderful event only comes around once every 2 years so don't miss it! Details are in the flyer below.



Floral Therapy

When: 2nd Tuesday of the month, 2:00 PM Where: Stoneybrook Assisted Living

Duration: Approximately one and a half hours

What to bring: Clippers for yourself Skills needed: A pleasant disposition

Contact: Donna Westwood ndbalumna@yahoo.com 541-753-0476







ENJOY A HUGE DISPLAY OF IMPRESSIVE QUILTS IN FIVE PRIVATE GARDENS

\$10 admission includes tour of all gardens

Tickets can be purchased from these sponsoring garden centers and quilt shops beginning May 2 and at gardens on day of tour. In case of inclement weather, tour will be held June 25.

CORVALLIS		PHILOMATH	ALBANY & LEBANON	
Garland Nursery	Susan's Garden & Coffee	Sew It Seams	Quilt Loft	
5470 NE Hwy. 20	1299 NW 29th St.	1233 Main St.	405 1st St. Ave. W	
Corvallis, OR	Corvallis, OR	Philomath, OR	Albany, OR	
Home Grown Gardens	Visit Corvallis		Finally Together	
4845 SE 3 rd St.	420 NW 2 nd St.		54 West Ash St.	
Corvallis, OR	Corvallis, OR		Lebanon, OR 97355	
Shonnard's Nursery	1st Garden - on June 18		Benton County	
6600 SW Philomath Blvd.	29740 SE Shady Oak Dr.		Cultural	
Corvallis, OR	Corvallis, OR 97330		Coelison	

General Meeting Minutes May 2, 2022

The meeting started at 7pm as an in-person only meeting at Shepherd of the Valley Lutheran Church with Janet Magedanz presiding. The meeting was attended by about 40 people.

This meeting was the club's semiannual plants exchange meeting. There was a wonderful variety of plant material available, all of it nicely displayed on tables. Attendees took turns choosing plants to take home.

There were two items taken care of in the business portion of the meeting. First the amended bylaws were approved in a unanimous vote. Second the Grants Committee recommended giving a grant to Cresent Valley High School for \$435. This also passed unanimously. The meeting adjourned at 8pm.

Submitted by Nancy Mandel, Secretary of the EGC



Treasurer's Report EGC April 2022 Activity

Checking	
Starting Balance	\$3,694.04
Income	
Dues	105.00
Fee - Program	5.00
Bulbs Purchase	21.00
Total income	\$131.00
Expenses	
John Forti, April speaker	300.00
Home Grown - gift certs 2	20.00
FedEx copying - QITG	38.74
Janet Magedanz - bulb sale labels	25.69
Total Expenses	\$384.43
Ending Balance	\$3,440.61
Savings Account - end of month	\$7,009.09
Total EGC Accounts	\$10,449.70

Summer Garden Tours 2022



Date	Event
6/6/22	Val Hall Member Tour and Lebanon Japanese Gardens
6/12/22	Mcminnville Garden Club garden tours and Faire (\$10 for tours, Faire is free)
6/18/22	Quilts in the Garden Corvallis (\$10 admission includes all gardens)
6/25/22	Backup plan if rainy of the 18th
6/29/22	Member Garden tour -Sheila Goodwin and Neighbors
	Member Garden tour -Patrick Emblidge
"	Leonard Street Community Garden (DEvNW - 2021 EGC Grant Recipient)
	Member Garden Tour - Cathy Kerr
"	ARC Garden - Dream Place, off Grant (ARC -2021 EGC Grant Recipient)
7/28/22	Deepwood House Tour (\$6.00 / Seniors \$5.00)
	Deepwood Garden tour (free)
8/1/22	Gail Bartlett Garden Tour
August	Edible Garden Tour - Sustainability Coalition Corvallis
- 1 - 1 - 1	
	Sebright Gardens - Salem Hardy Plant Society Fall Sale

Meet a Member



Before moving to the lovely Willamette Valley four years ago, I lived in the high desert of Reno, Nevada.

I was a Master Gardener where the most asked question was "What can I grow here?" Honestly, many plants can grow in the desert...It just isn't much fun.

I was delighted with the flora and fauna here, a new paradise for me to discover. I found that I could identify very few plants – native or ornamental. To further my desire to learn more, I joined the Evening Garden Club. There I found a wealth of knowledge as well as really nice people. I enjoyed the garden tours so much; I decided to take the tour chair position when it became available. That has been great fun and has broadened my circle of garden enthusiasts. People far and wide are excited to share what's going on in their gardens.

I have planted hundreds of plants at my new (to me) home on Witham Hill. I have even put sticks in the ground, and they thrived! Try THAT in the desert! This is not to say all of them have the luxury of being alive today... I have found challenges to gardening even in paradise. I am learning to plant things I like – that deer do not. However, don't get me started on slugs!



I look forward to a fun summer of garden tours and also enjoy biking, hiking, kayaking and yoga.

See you out in the sunshine!!

Meet a Member



Judi DeBord

I am a 2nd generation Oregonian, an Albany native, and an alum of both OSU and UO (of course OSU is my favorite!). Since 1999, my husband Ron and I have lived on two acres in North Albany, and in 2012 we added two horses, Pip and Jazz. On our hillside are remnants of the once vast Oregon Oak savannahs that used to cover this part of the Willamette Valley, and we have enjoyed all of the wildlife that calls "our" oak trees their home.



My paternal grandmother was an avid gardener all of her life, and she would send me out to her flower garden for flowers that she would arrange in vases for neighbors. She also showed me how to prepare and cook fresh vegetables from a neighbor's garden or from the farmer's market, and I enjoyed helping her, even though I didn't actually eat those vegetables at dinner. My father usually had a tomato plant or two in our back yard, and would share his crop with anyone who was interested.

After graduating from South Albany High School, I lived all up and down the West Coast, and everything else took a back seat to work, education and travel for several years. Upon my return to Oregon, I did a little gardening – who wouldn't, living in Oregon, a gardener's paradise? Trial and error taught me what plants to avoid (mint!) and what plants I couldn't get enough of (tomatoes!). But soon I had a job that required me to travel again, so wasn't able to garden much.

In 2014, I retired and was finally able to be home with my family, horses and garden. In 2018, I completed the OSU Master Gardener program and made many new friends. I also took up canning, so now we enjoy the fruits



of our garden all year long. My garden is a perpetual work in progress, as I think most gardens are. On our two acres, the vegetable garden is fairly small, focusing on family favorites like tomatoes, peppers, squash and herbs. I select ornamentals based on drought tolerance and look for natives attractive to our pollinators. Last year we converted the entire front yard from grass to xeriscape and planted some drought tolerant natives. This year we've had new birds visit our yard, including Bullock's orioles, cedar waxwings, and both of the bluebird nest boxes are occupied.

I'm looking forward to meeting members of the EGC soon and hearing all of your gardening stories.

Summer 2021 Survey Results

For the last several months, the Evening Garden Club newsletter has shared portions of the Summer 2021 survey results. Recall, about 50 members responded to the survey. Here are the last 2 vignettes. Please enjoy!

The guestion was, I would be willing to give a talk on: and included these offers:

- * Kew Garden's Seed Experience
- * Plant propagation
- * Running a neighborhood cut flower giving and delivery business with children
- * Botany/mycology/plant pathology/disease identification, etc.
- * Design for small spaces
- * Growing and giving
- * Arid gardening
- * Wildlife habitats in the garden



The most complicated question to capture was this one: Characterize your interests in the following activities or programs. The survey permitted responses on 26 different activities or programs. Respondents could signify their feelings as NO INTEREST, LITTLE INTEREST, MODERATE INTEREST, VERY INTERESTED AND EXTREMELY INTERESTED.

In this summary, only the 12 topics with a combined VERY AND EXTREMELY INTERESTED score of 60% or greater are highlighted here.

TIMITERED IED SCOLE OF 00%	or greater are highlighted here.	
* Lectures on various topic	S	79%
* Activities on garden & pla	ant topics	79
* Getting together with otl	her gårdeners	70
* Plant exchange among me		62
* Field trips to nurseries		84
* Field trip to plant demons	strations	72
* Garden tours for flowers		85
* Practical garden informat	tion (soils, ph, etc)	68
* Garden pest/disease avoi		63
* Garden design and layout		82
* Ideal plant growth condit		70

And we conclude the survey responses with the following three questions and answers:

Other activities of interest?

- * Landscape photography
- * A bigger trip around the PNW, BC
- * Adaptations for physical limitations (arthritis, achy joints, flexibility) too keep gardening
- * Field trips to seed producers, manufacturers. Lectures from OSU faculty; plant breeding
- * Craft/construction workshops for trellises, stepping stones, unusual containers
- * What? Are there activities other than gardening?????

What things do you like most about EGC?

*	* Energy among members in love with gardening, social, people	
*	Professional speakers/visiting lecturers	17
*	Garden tours/nursery visits	14
*	Emails and "conversations" about gardening	5
*	Plant/bulb sales and exchanges	4
*	Flexible club, low pressure	2
	Organization of current President (Dan Edge)	1

Finally, the last question, What can we improve about the EGC and how would you suggest we do that? This allowed respondents to really open up with ideas about EGC. There were over 40 responses. For information on these responses or answers to other questions, contact Heather Emberson.



Based on this review and summary, the conclusion is that the Corvallis Evening

Garden Club is fulfilling the needs of its members as expressed on the "Join Us" tab of the website: to learn, to grow, to engage with others.

Are there areas the Club can expand or diversify? Sure, that is to be expected from a flexible, informal and dynamic group - much like a garden itself.

- Heather Emberson, Membership Chair



The Evening Garden Club announced the winners of the 2022 Grants competition.

The grant program, funded entirely by the fundraising activities of EGC, supports learning, practicing, and appreciation of gardening in our community.



This year, the projects supported by EGC grants include school gardens (Adam School, Philomath Montessori, and Crescent Valley High School), community gardening and beautification projects (Lupe"s Community Garden, Boys and Girls Club, DevNW/Thriving Communities, Corvallis - Albany NAACP, and the NPK project of Corvallis Sustainability Coalition).

Corvallis Evening Garden Club is thrilled and honored to support the projects that make our community so special.



Next grants cycle will start in January 2023, the information will be posted on the Club's web site:

https://corvalliseveninggardenclub.org/grants/

From Neighborhood Planters Kiosk—NPK

http://npkpost.blogspot.com/



PAIN

IS AN UNPLEASANT SENSORY
AND EMOTIONAL EXPERIENCE
ASSOCIATED WITH, OR
RESEMBLING THAT ASSOCIATED
WITH, ACTUAL OR POTENTIAL
TISSUE DAMAGE -IASP

INJURY PREVENTION FOR GARDENERS

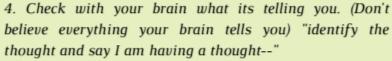
- KEEP YOUR TELEPHONE BY YOU.
- > PROPER CLOTHING/HAT/TOOLS.
- →3P'S PRIORITIZING, PLANNING AND PACING!
- FIND YOUR FUN AND JOY IN EVERY ACTIVITY

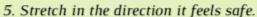
WHAT TO DO WHEN IN PAIN WHILE GARDENING

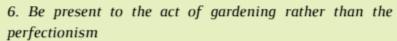
Your Body is extremely resilient and strong. Listen to it. PAUSE if you have sensations that feel uncomfortable



- 1. Breathe out longer
- 2. Take a drink of water
- 3. Grab a snack









- 7. Avoid boom bust cycles. (The desire to push through an activity even when the body is saying no)
- 8. Go to your discomfort not through it.
- 9. Mix up the less strenuous activities with the more strenuous activities.



- 10. If your stress is high the chances of you having pain are higher.
- 11. Pain has multiple contributors not causes.
- 12. The benches you have in your garden are for you to rest and enjoy too!

See your healthcare provider in

DR. SHARNA PRASAD. PT. DPT